

<b>Pre-Departure</b>
<b>Passport</b>
<b>Visa</b>
<b>Health Documentation</b>
<b>Transportation Tickets</b>
<b>Emergency Information</b>
<b>Insurance</b>
<b>Hotel Reservations</b>
<b>Traveler's Checks</b>
<b>Currency</b>
<b>Credit Cards</b>
<b>Guide Books and Maps</b>
<b>Trip Cancellation/Medical Insurance</b>
<b>Personal Identification</b>
<b>Photocopies of Documentation</b>
<b>Special Event Reservations if any</b>
<b>Toiletries</b>
<b>Comb/Brush</b>
<b>Toothbrush/Paste</b>
<b>Dental Floss</b>
<b>Deodorant</b>
<b>Personal and Laundry Soap</b>
<b>Skin Care Lotions/Creams</b>
<b>Make Up</b>
<b>Mirror</b>
<b>Manicure Articles</b>
<b>Shampoo</b>
<b>Sunscreen/Lip Balm</b>
<b>Towelettes</b>
<b>Shaving Cream</b>
<b>Blow Dryer</b>
<b>Towel/Washcloth</b>
<b>Basics</b>
<b>Luggage/Travel Pack</b>
<b>Travel Clothing</b>
<b>Rain Protection</b>
<b>Travel Footwear</b>
<b>Visor or Brimmed Hat</b>
<b>Camera, Film</b>
<b>Video Camera, Tapes</b>

<b>Language Books</b>
<b>Reading Materials</b>
<b>Address Book</b>
<b>Travel Journal</b>
<b>Scarf/Bandanna</b>
<b>Games/Playing Cards</b>
<b>Binoculars</b>
<b>Travel Lock</b>
<b>Luggage I.D. Tags</b>
<b>Medication</b>
<b>Aspirin/Pain Reliever</b>
<b>Cold Medicine</b>
<b>Contact Lens Preparation</b>
<b>Diarrhea Medicine</b>
<b>Laxative</b>
<b>Insect Repellent</b>
<b>Sunscreen</b>
<b>Sunburn Relief</b>
<b>Antibiotic Cream</b>
<b>Malaria Pills</b>
<b>Motion Sickness Medicine</b>
<b>Personal Hygiene Items</b>
<b>Personal Prescription</b>
<b>Water Purification System</b>
<b>Vitamins</b>
<b>Maintenance</b>
<b>Flashlight/batteries</b>
<b>Matches or lighter</b>
<b>Camera Batteries</b>
<b>Mini Sewing/Repair kit</b>
<b>Duct Tape</b>
<b>Portable lightweight Travel Iron or steamer</b>
<b>Travel clothesline or clothespin</b>
<b>sink stopper for hotel sinks</b>
<b>Mesh bag for dirty laundry</b>
<b>Zipclose plastic bags</b>
<b>Home - Check List</b>
<b>Stop deliveries</b>
<b>Have Post Office hold mail</b>
<b>Arrange for care of pets, lawn and house plants</b>
<b>Set-up a timed lighting system</b>
<b>Check timed night lighting system</b>

**Notify local police of your absence**

**Leave house key and trip itinerary with a neighbor**

**Empty refrigerator**

**Eliminate possible fire hazards (unplug appliances, etc.)**

**Turn down thermostat**

**Turn off water heater**

**Store valuables in a safe place**

**Lock all doors and windows**

**General Items**

**Everyday Bag: In transit it will hold all of the valuables you want to keep close: tickets, mini-camera and reading material.**

**First-Aid Kit: A compact travel health kit is a must for every traveler.**

**Passport/Money Carrier: It is absolutely essential to keep your passport and money secure.**

**Travel Watch or Alarm: It should be quartz or battery operated, lightweight, water resistant, shock resistant and reliable.**

**Pocket Knife: Travelers might find the following features handy: A basic blade, can and bottle opener, scissors, tweezers and corkscrew.**

**Electrical Converter/Adapter: This allows you to use your personal appliances**

**Flashlight/Head Lamp: Light a hallway, read in a train compartment, or study a map under the stars.**

**Sunglasses: Protect your eyes from harmful ultraviolet and infrared radiation, especially if you are traveling at higher altitudes.**

**Travel Organizer: The ultimate in convenience for carrying identification, tickets, trip itineraries, receipts and addresses.**

**A Positive Attitude: Travel sometimes means expecting the unexpected: delays, detours, unfamiliar surroundings, strange languages and funny money. So, remember always to take along a big smile.**